The Eye As Window To The Brain: From Candle Light To Artificial Intelligence

Valérie Biousse, MD Nancy J. Newman, MD Departments of Ophthalmology and Neurology Emory University School of Medicine

Disclosures and Funding Sources

No relevant disclosures:

- VB: Consultant for Gensight and Neurophoenix
- NJN: Consultant for Gensight, Neurophoenix, Santhera/Chiesi, Stealth











DIRECT OPHTHALMOSCOPE





Examination of the ocular fundus



Examination of the ocular fundus





Biousse V, Newman NJ. Neuro-Ophthalmology Illustrated. Thieme New York, NY. 3rd Ed, 2019





Optic nerve disease

Blindness

Brain disease

Disability, death

Elevated intracranial pressure

- Brain tumor, bleed, clot
- Blindness from chronic optic nerve swelling (papilledema)

The eye is a window to the brain

Direct Ophthalmoscopes are Everywhere!









Ophthalmoscopy = **Standard of care**





Ophthalmoscopes mandatory in most clinical settings!

 Learning how to use an ophthalmoscope is part of the basic curriculum in most medical schools

Direct ophthalmoscope = an old tool...

1850: German physician Hermann von Helmholtz, who devoted much of his career to studying the eye and the physics of vision and perception, demonstrates his ophthalmoscope to the Berlin Physical Society. This invention revolutionizes ophthalmology.







1881: French neurologist Jean-Martin Charcot adopts the ophthalmoscope to diagnose neurologic disorders: "Now in this difficulty, the ophthalmoscopic art came to give us its decisive aid".

 The eye officially becomes a "window to the brain".

THE DISEASES OF THE NERVOUS SYSTEM.

DELIVERED AT LA SALPÉTRIÈRE

J. M. CHARCOT,

PROFESSOR IN THE FACULTY OF MEDICINE OF FARLES (FWYSICIAN TO LA SALPÉTRIÈRE; MEMBER OF THE ACADEMY OF MEDICINE, OF THE CLINICAL SOCIETY OF LONDON, OF THE CLINICAL SOCIETY OF BUILA-FEARL, OF THE MEDICAL SOCIETY OF NATURAL SCIENCES OF HEUSERLS; FREEDENY OF THE ANATOMICAL SOCIETY, AND EX-VICE-FREEDIENT OF THE HEODOICLA SOCIETY OF PARLE, RIC.

SECOND SERIES



$\mathbf{1850} \longrightarrow \mathbf{2021}$

- Modern direct ophthalmoscope not much better than the old one...
- Modern nonophthalmology trained doctors not comfortable with the direct ophthalmoscope
- Modern doctors prefer more modern ways of looking at
 the brain

From Post-mortem Autopsy To Modern Neuroimaging



Normal brain imaging does not rule out brain disease, especially elevated intracranial pressure



Disease of the Year 2020: Cerebrovascular Disorders

Cerebral Venous Sinus Thrombosis in the

Shadi Yaghi, MD, Koto Ishida, MD, Jose L. Torres. MD

Section Editors: Valerie Biousse, MD Koto Ishida, MD

Cerebral venous thrombosis

- Meningitis
- Idiopathic intracranial hypertension

EXPERT REVIEW OF VACCINES https://doi.org/10.1080/14760584.2021.1949294

REVIEW

Chaitanya B. Medicherla, MD, Rachel A. Pauley, MD, Adam de Havenon, MD,

Taylor & Francis Taylor & Francis Group

Check for updates

COVID-19 vaccines and thrombosis with thrombocytopenia syndrome

Chih-Cheng Lai^a, Wen-Chien Ko^b, Chih-Jung Chen^c, Po-Yen Chen^d, Yhu-Chering Huang^c, Ping-Ing Lee^e and Po-Ren Hsueh^{f,g}

^aDepartment of Internal Medicine, Kaohsiung Veterans General Hospital, Tainan, Taiwan; ^bDepartment of Medicine, College of Medicine, National Cheng Kung University, Tainan, Taiwan; ^cDivision of Pediatric Infectious Diseases, Chang Gung Memorial Hospital at Linkou, Taoyuan, Taiwan; ^dDepartment of Pediatrics, Section of Infection, Taichung Veterans General Hospital, Taichung, Taiwan; ^eDepartment of Pediatrics, National Taiwan University Children's Hospital and National Taiwan University College of Medicine, Taipei, Taiwan; ^eDepartment of Internal Medicine, National Taiwan University Hospital, National Taiwan University College of Medicine, Taipei, Taiwan; ^gDepartment of Internal Medicine, National Taiwan University Hospital, National Taiwan University College of Medicine, Taipei, Taiwan; ^gDepartment of Internal Medicine, National Taiwan University Hospital, National Taiwan University College of Medicine, Taipei, Taiwan;

Journal of Neuro-Ophthalmology 2020;40:457–462 doi: 10.1097/WN0.00000000001122 © 2020 by North American Neuro-Ophthalmology Society

COVID-19 Pandemic

Background: Recent studies ha

increased thromboembolic events i virus Disease 2019 (COVID-19). thrombosis (CVST) is a form of thro

been observed as a neuro-ophthali

Methods: Review of the scientific

Results: In this article, we report

epidemiology, clinical presentation pathophysiology, and management

Conclusion: CVST is an uncommor

with variable phenotypes and multip

complications can be severe, incl

deficits and death. Current observ

disease presentation, pathogenesis

risk of CVST may be profoundly COVID-19 pandemic, thus promptin

COVID-19.

19

A tale too often told



28 year old obese woman goes to an Emergency Department with severe headaches, nausea and vomiting

Normal examination

 Sent home with a diagnosis of "migraine"

- 2 weeks later: decreased vision in both eyes - Goes back to same Emergency Department
 - Head CT normal
 - Sent home with an outpatient Neurology appointment
- 3 weeks from onset: vision and headaches worse
 - Neurologist: "Normal examination"
 - Sent to Ophthalmologist...



Bilateral optic nerve edema with headaches = Elevated intracranial pressure (papilledema)

No Light Perception Light Perception FUNDUSCOPIC **EXAMINATION SHOULD** HAVE BEEN DONE ON DAY 1!



Missed papilledema



Devastating outcome (blindness)

- Enormous cost to society
- Law suit (medical malpractice)

Stewarts acted for a client, RM, who received a settlement of £4.3m following an online video mediation. The claim arose from a delay in treating a cerebral venous sinus thrombosis (CVST), which caused raised intracranial pressure.

Stunkel L, Sharma RA, Mackay DD, Wilson B, Van Stavern GP, Newman NJ, Biousse V. Patient Harm Due to Diagnostic Error of Neuro Ophthalmologic Conditions. Ophthalmology. 2021 Mar 11:S0161-6420(21)00193-7

Why is ophthalmoscopy rarely performed in the ED and Neurology Clinics ?

- Limited training
- Difficult without pupillary dilation



- Direct ophthalmoscope difficult to use and limited view
- Inability to recognize the findings



ED



Fundus photography VS. **Ophthalmoscopy Trial Outcomes** in the Emergency Department







Atlanta Clinical & Translational Science Institute Community · Discovery · Training



Non-mydriatic fundus cameras

Easy for non-ophthalmic trained individuals to use



- No pupillary dilation
- Able to take quality photographs of the posterior pole
- Reveals unrecognized findings in ED



"Relevant" Findings

- Patients with:
 - Headaches
 - Severe hypertension

- Focal neurologic symptoms
- Visual loss
- Compare ED providers' detection rate for relevant findings
- Should change patients' care in the ED



FOTO-EDI

"Relevant" Findings

- Patients with:
 - Headaches
 - Severe hypertension
 - Focal neurologic symptoms
 - Visual loss
- Compare ED providers' detection rate for relevant findings
- Should change patients' care in the ED







Phase 3

ED 1734 photos 350 patients Photograhs 1503 photos 354 patients Photographs + Education 2347 photos 587 patients

Neuro-Ophthalmologist Fundus Photography Readings within 24 Hours

FOTO-ED Relevant Findings in 11.8%

Figure 4 Pie chart shows the distribution of the 153 (11.8%) relevant findings observed among 1,291 patients enrolled in the 3 phases of the Fundus Photography vs Ophthalmoscopy Trial Outcomes in the Emergency Department (FOTO-ED) study



1/9 patients in ED with headache, severe hypertension, focal neurology deficit, or visual loss has ocular fundus findings that should change acute management/disposition

Biousse V, Bruce BB, Newman NJ. Ophthalmoscopy in the 21st century: The 2017 H. Houston Merritt Lecture. Neurology 2018; 90: 167–75

	Phase I	Phase II
ED Examination Method	Direct Sophthalmoscopy	Non-mydriatic photography
<pre># of patients' fundi </pre>		
<pre># of abnormalities detected by ED-MD</pre>		

	Phase I	Phase II
ED Examination Method	Direct Sophthalmoscopy	Non-mydriatic photography
<pre># of patients' fundi // viewed by ED-MD</pre>	48/350 (14%)	
<pre># of abnormalities detected by ED-MD</pre>		

	Phase I	Phase II
ED Examination Method	Direct Sophthalmoscopy	Non-mydriatic photography
<pre># of patients' fundi // viewed by ED-MD</pre>	48/350 (14%)	
<pre># of abnormalities detected by ED-MD</pre>	0/44 (0%)	



	Phase I	Phase II
ED Examination Method	Direct Sophthalmoscopy	Non-mydriatic photography
<pre># of patients' fundi // viewed by ED-MD</pre>	48/350 (14%)	239/355 (68%)
<pre># of abnormalities detected by ED-MD</pre>	0/44 (0%)	16/35 (46%)

ED providers correctly identified **86% of normal** fundi as normal on fundus photos

Bruce BB, Thulasi P, Fraser CL, Keadey MT, Ward A, Heilpern KL, Wright DW, Newman NJ, Biousse V. Diagnostic accuracy and use of nonmydriatic ocular fundus photography by emergency physicians: phase II of the FOTO-ED study. Ann Emerg Med 2013; 62: 28–33



STOP TEACHING OPHTHALMOSCOPY TO MEDICAL STUDENTS?



Mackay DD, Garza PS, Bruce BB, Newman NJ, Biousse V. The demise of direct ophthalmoscopy: A modern clinical challenge. Neurol Clin Pract 2015; 5: 150–7
STOP TEACHING OPHTHALMOSCOPY TO MEDICAL STUDENTS?

OPHTHALMOSCOPY SHOULD HAVE BEEN DONE ON DAY 1!



STOP TEACHING OPHTHALMOSCOPY TO MEDICAL STUDENTS?

OCULAR FUNDUSCOPIC EXAMINATION SHOULD HAVE BEEN DONE ON DAY 1!





Teaching Ophthalmoscopy to Medical Students: TOTEMS



- Medical students: Year 1 (n=138)
- Direct ophthalmoscope vs photograph interpretation
 - On humans and simulators



Kelly LP, Garza PS, Bruce BB, Graubart EB, Newman NJ, Biousse V. Teaching ophthalmoscopy to medical students (the TOTeMS study). Am J Ophthalmol 2013; 156: 1056–61

Teaching Ophthalmoscopy to Medical Students: TOTEMS – Am J. Ophthalmol 2013

- M1s performed significantly better identifying fundus features with photographs (p<0.001) than on simulator</p>
 - 85% correct answers on photographs
- Fundus photographs: easiest and least frustrating
- 70% preferred photographs to simulators for ocular fundus assessment
- 49% said they would attempt direct ophthalmoscopy during clinical rotations over the next year

1 Year Retention Study (Medical Students Year 2): TOTEMS II

- M2s again more accurate interpreting ocular fundus photographs than simulators (p<0.001)
- Self-reported median frequency of ophthalmoscopy over previous year: < 10% $\frac{2}{2}$ ^{100%} Primary Reasons Fundus



Mackay DD, Garza PS, Bruce BB, Bidot S, Graubart EB, Newman NJ, Biousse V. Teaching ophthalmoscopy to medical students (TOTeMS) II: A one-year retention study. Am J Ophthalmol. 2014; 157: 747-8

Fundus Examination Is More Important Than The Method Used

-45 minutes online tutorial with preand post self assessment

-Traditional ophthalmoscopy workshop coupled with fundus photographs interpretation



FOTO EDIT Non-Mydriatic Fundus Camera in ED



FOTO-EDIN Non-Mydriatic Fundus Camera in ED



Phase III FOTO-ED: No improvement of ED providers' performance after training

Bruce BB, Biousse V, Newman NJ. Nonmydriatic ocular fundus photography in neurologic emergencies. JAMA Neurol 2015; 72: 455–9

FOTO-EDIN Non-Mydriatic Fundus Camera in ED



Onsite interpretation by ED provider / neurologist with ophthalmology consultation if abnormal or unsure

Remote interpretation by ophthalmologist (tele-ophthalmology/ teleconsultation)

- Liability:
 - ED and neurologists do not know how to interpret photos
 - Ophthalmologists need clinical information
- Billing



FOTO EDIN Non-Mydriatic Fundus Camera in ED



FOTO EDI Non-Mydriatic Fundus Camera in ED



Artificial Intelligence and Digital Technology in Ophthalmology

[VERY] Basic Overview

Artificial intelligence and deep learning in ophthalmology

Daniel Shu Wei Ting,¹ Louis R Pasquale,² Lily Peng,³ John Peter Campbell,⁴ Aaron Y Lee,⁵ Rajiv Raman,⁶ Gavin Siew Wei Tan,¹ Leopold Schmetterer,^{1,7,8,9} Pearse A Keane,¹⁰ Tien Yin Wong¹ Br J Ophthalmol 2018

For numbered affiliations see end of article.

Correspondence to

Dr Daniel Shu Wei Ting, Assistant Professor in Ophthalmology, Duke-NUS Medical SchoolSingapore National Eye Center, Singapore 168751, Singapore; daniel.ting. s.w@singhealth.com.sg

Received 4 September 2018 Revised 17 September 2018 Accepted 23 September 2018

ABSTRACT

oph

pho fiel

the

pre

age

ma

pos eye

set wit

and

Artificial intelligence (AI) based on deep learning (DL) has sparked tremendous global interest in recent years. DL has been widely adopted in image recognition, speech recognition and natural language processing, but is only beginning to impact on healthcare. In ocular imaging, principally fundus photographs and optical coherence tomography (OCT). Major ophthalmic diseases which DL techniques have been used for include diabetic retinopathy (DR),¹¹⁻¹⁵ glaucoma,^{11 16} age-related macular degeneration (AMD)^{11 17 18} and retinopathy of prematurity

late

(eg,

lass

uld

ich

ons, uire

ver,

and

in Ind

Deep Learning is already changing everything in ophthalmology!

results, medicolegal issues, and physician and patient acceptance of the AI 'black-box' algorithms. DL could potentially revolutionise how ophthalmology is practised in the future. This review provides a summary of the state-of-the-art DL systems described for ophthalmic applications, potential challenges in clinical deployment and the path forward. middle-income countries. The use of DL, coupled with telemedicine, may be a long-term solution to screen and monitor patients within primary eye care settings. This review summarises new DL systems for ophthalmology applications, potential challenges in clinical deployment and potential paths forward.



Figure 2 Some examples of heat maps showing the abnormal areas in the retina, (A) Severe non-proliferative diabetic retinopathy (NPDR); (B) geographic atrophy in advanced age-related macular degeneration (AMD) on fundus photographs¹¹; and (C) diabetic macular oedema on optical coherence tomography.

FDA	U.S. F	OOD &	& DRUG ^ℕ			A to Z Inc
≡ Ho	me Food	Drugs	Medical Devices	Radiation-Emitting Produc	Vaccines, Blood & Biologics	Animal & V
News	& Event	ts			•	
Home >	News & Eve	ents > News	room > Press Ar	nnouncements		
FDA Nev FDA base	pern d de	⊪ nits r vice	narketi to dete	ing of artifie	cial intelligen liabetes-relat	ce- ed
FDA Nev FDA base eye f share	vs Releas pern ed de probl	nits r vice lems	narketi to dete	ing of artificect certain of artificect certain of a statement of the stat	cial intelligen liabetes-relat	ce- ed
FDA Nev FDA base eye f share For Imm Release	ediate	nits r vice lems in linkedi	marketi to dete	ing of artific ect certain of REMAL & PRINT	cial intelligen liabetes-relat	ce- ed
FDA New FDA base eye f share For Imm Release	vs Releas pern ed de probl v TWEET ediate	nits r vice lems in linked	marketi to dete • • PNIT =	ing of artific ect certain o	cial intelligen liabetes-relat	ce- æd

The U.S. Food and Drug Administration today permitted marketing of the first medical device to use artificial intelligence to detect greater than a mild level of the eye disease diabetic retinopathy in adults who have diabetes.

Diabetic retinopathy occurs when high levels of blood sugar lead to damage in the blood vessels of the retina, the light-sensitive tissue in the back of the eye. Diabetic retinopathy is the most common cause of vision loss among the more than 30 million Americans living with diabetes and the leading cause of vision impairment and

Artificial Intelligence And Deep Learning





Artificial Intelligence And Deep Learning: Many applications in ophthalmology



Google's AI can see through your eyes what doctors can't



Susan Ruyu Qi Follow Nov 26, 2018 · 2 min read



Female or Male Gender?



ARTICLES https://doi.org/10.1038/s41551-018-0195-0

nature biomedical engineering

Prediction of cardiovascular risk factors from retinal fundus photographs via deep learning

Ryan Poplin^{1,4}, Avinash V. Varadarajan^{1,4}, Katy Blumer¹, Yun Liu¹, Michael V. McConnell^{2,3}, Greg S. Corrado¹, Lily Peng^{1,4*} and Dale R. Webster^{1,4}

Traditionally, medical discoveries are made by observing associations, making hypotheses from them and then designing and running experiments to test the hypotheses. However, with medical images, observing and quantifying associations can often be difficult because of the wide variety of features, patterns, colours, values and shapes that are present in real data. Here, we show that deep learning can extract new knowledge from retinal fundus images. Using deep-learning models trained on data from 284,335 patients and validated on two independent datasets of 12,026 and 999 patients, we predicted cardiovascular risk factors not previously thought to be present or quantifiable in retinal images, such as age (mean absolute error within 3.26 years), gender (area under the receiver operating characteristic curve (AUC) = 0.97), smoking status (AUC = 0.71), systolic blood pressure (mean absolute error within 11.23 mmHg) and major adverse cardiac events (AUC = 0.70). We also show that the trained deep-learning models used anatomical features, such as the optic disc or blood vessels, to generate each prediction.

Actual: non-smoker Actual: non-diabetic Predicted: non-smoker Predicted: 6.7%

SBP

Actual: 26.3 kg m⁻² Predicted: 24.1 kg m⁻²

DBP



Age

Actual: 57.6 years

Predicted: 59.1 years

Actual: 148.5 mmHg Actual: 78.5 mmHg Predicted: 148.0 mmHg Predicted: 86.6 mmHg



Original



Gender

Actual: female

Predicted: female

BMI

Five Important Rules in AI (Daniel Ting, MD PhD)

- 1-Right question
- 2-Right data
- 3-Right partners
- 4-Right concepts and methods
- 5-Right enabler

Artificial Intelligence and Deep Learning

- Large data sets of images associated with definite diagnosis (made by humans) – reference standard (ground truth)
- Training data set (tell the machine what is what; then the machine will teach itself): train until machine performant enough – randomly presented batches
- Validation data set (confirm that the machine can answer the question reliably) – parameter selection/tuning
- External validation (test the machine on different data sets) different centers/cameras/populations (generalization of findings)

Artificial Intelligence to Replace Ophthalmoscopy



Possible?

Optic nerve photographs and AI



The Brain and Optic Nerve Study with Artificial Intelligence (BONSAI)





Five Important Rules in AI (Daniel Ting, MD PhD)

- I-Right question: papilledema or not?
- 2-Right data: fundus photographs from 25 international centers (large number, diverse data)
- 3-Right partners: expert neuro-ophthalmologists (international group) and AI team (Singapore)
- 4-Right concepts and methods: excellent clinical and digital operational flow
- 5-Right enabler: implementation, outcome, commercialization (pending @Singapore)

BONSAI Group: 25 Centers, 70 investigators, 19 Countries



BONSAI Deep Learning System Automatic classification of optic discs Segmentation task Classification task



- 1) Quality check
- 2) Is the disc **normal** vs abnormal?
- 3) Is the abnormal disc papilledema (raised ICP) vs other?



BONSAI Deep Learning System Automatic classification of optic discs

- 15,846 ocular fundus photographs
 - 9769 normal
 - 2508 papilledema
 - 3569 other disc abnormalities

Training and validation: 14,341 photographs (80/20%) from 19 centers

External validation: 1505 photographs from 3 centers



BONSAI Deep Learning System Automatic classification of optic discs

Fundus Photography with AI as diagnostic aid in non-ophthalmic settings (no clinical information):





Discrimination of: Normal Discs vs. Discs With Papilledema

- Area under curve (AUC) for the detection of papilledema of 0.96 (95% CI, 0.95 to 0.97)
- Sensitivity of 96.4%
 (95% CI, 93.9 to 98.3)
- Specificity of 84.7% (95% CI, 82.3 to 87.1)



Figure 1. Performance of the Deep-Learning System for the Detection of Normal Disks and Disks with Papilledema in the External-Testing Data Sets.

The external-testing data sets included ocular fundus photographs from five centers with diverse ethnic backgrounds. As shown in Panel A, the deep-learning system discriminated normal optic disks from abnormal ones, with areas of the receiver-operating-characteristic curve (AUCs) that ranged from 0.96 to 0.99 and an overall AUC of 0.98 (95% CI, 0.97 to 0.98). As shown in Panel B, the deep-learning system discriminated disks with papilled from normal disks and disks with nonpapilledema abnormalities, with AUCs that ranged from 0.93 to 0.98 and overall AUC of 0.96 (95% CI, 0.95 to 0.97).

> P U B L I C H E A L T H



Severe papilledema in a white patient Diagnostic prediction by the DLS: papilledema 99.99%, normal: <0.01%, other: <0.01%

Severe papilledema in an African-American patient Diagnostic prediction by the DLS: papilledema 99.99%, normal: <0.01%, other: <0.01%

Non-arteritic anterior ischemic optic neuropathy in a white patient Diagnostic prediction by the DLS: Other 99.98%, normal <0.01%, papilledema 0.02%

Optic atrophy in an Asian patient Diagnostic prediction by the DLS: other 99.99%, normal 0.01%, papilledema <0.01%

Optic nerve drusen in a white patient Diagnostic prediction by the DLS: other 99.96%, normal 0.03%, other <0.01%

The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

APRIL 30, 2020

VOL. 382 NO. 18

Artificial Intelligence to Detect Papilledema from Ocular Fundus Photographs

D. Milea, R.P. Naijar, Z. Jiang, D. Ting, C. Vasseneix, X. Xu, M. Aghsaei Fard, P. Fonseca, K. Vanikieti, W.A. Lagrèze, C. La Morgia, C.Y. Cheung, S. Hamann, C. Chiquet, N. Sanda, H. Yang, L.I. Mejico, M.-B. Rougier, R. Kho, Thi H.C. Tran, S. Singhal, P. Gohier, C. Clermont-Vignal, C.-Y. Cheng, J.B. Jonas, P. Yu-Wai-Man, C.L. Fraser, I.I. Chen, S. Ambika, N.R. Miller, Y. Liu, N.J. Newman, T.Y. Wong, and V. Biousse, for the BONSAI Group*

ABSTRACT

BACKGROUND

Nonophthalmologist physicians do not confidently perform direct ophthalmos- The authors' full names, academic decopy. The use of artificial intelligence to detect papilledema and other optic-disk abnormalities from fundus photographs has not been well studied.

METHODS

We trained, validated, and externally tested a deep-learning system to classify optic disks as being normal or having papilledema or other abnormalities from 15,846 retrospectively collected ocular fundus photographs that had been obtained with pharmacologic pupillary dilation and various digital cameras in persons from multiple ethnic populations. Of these photographs, 14,341 from 19 sites in 11 countries were used for training and validation, and 1505 photographs from 5 other sites were used for external testing. Performance at classifying the optic-disk appearance was evaluated by calculating the area under the receiver-operatingcharacteristic curve (AUC), sensitivity, and specificity, as compared with a reference standard of clinical diagnoses by neuro-ophthalmologists.

RESULTS

The training and validation data sets from 6779 patients included 14,341 photographs: 9156 of normal disks, 2148 of disks with papilledema, and 3037 of disks with other abnormalities. The percentage classified as being normal ranged across sites from 9.8 to 100%; the percentage classified as having papilledema ranged across sites from zero to 59.5%. In the validation set, the system discriminated disks with papilledema from normal disks and disks with nonpapilledema abnormalities with an AUC of 0.99 (95% confidence interval [CI], 0.98 to 0.99) and normal from abnormal disks with an AUC of 0.99 (95% CI, 0.99 to 0.99). In the external-testing data set of 1505 photographs, the system had an AUC for the detection of papilledema of 0.96 (95% CI, 0.95 to 0.97), a sensitivity of 96.4% (95% CI, 93.9 to 98.3), and a specificity of 84.7% (95% CI, 82.3 to 87.1).

CONCLUSIONS

A deep-learning system using fundus photographs with pharmacologically dilated pupils differentiated among optic disks with papilledema, normal disks, and disks with nonpapilledema abnormalities. (Funded by the Singapore National Medical Research Council and the SingHealth Duke-NUS Ophthalmology and Visual Sciences Academic Clinical Program.)

grees, and affiliations are listed in the Appendix, Address reprint requests to Dr. Wong at the Singapore National Eye Center, 11 Third Hospital Ave., Singapore 168751, Singapore, or at wong.tien.yin@ singhealth.com.sg.

*A list of the members of the BONSAL Group is provided in the Supplementary Appendix, available at NEJM.org.

Drs. Milea and Najjar and Mr. Jiang and Drs. Liu, Newman, Wong, and Biousse contributed equally to this article.

This article was published on April 14, 2020, and updated on May 6, 2020, at NEJM.org.

N Engl J Med 2020;382:1687-95. DOI: 10.1056/NEJMoa1917130 Copyright @ 2020 Massachusetts Medical Society. EDITORIALS



AI for the Eye — Automated Assistance for Clinicians Screening for Papilledema

Isaac Kohane, M.D., Ph.D.

with undilated pupils¹; even after mydriatic dila- chine-learning effort at the heart of this study.) tion, nonophthalmologists have considerably

of machine learning has been the availability of After this very extensive multinational effort, edema, with enough geographic variation to en- ing data for artificial-intelligence projects.

Accurate assessment of the optic-nerve head, the investigators used an external set of 1505 imoptic disk, by funduscopy is an important, cost- ages from 5 countries to test the trained algoeffective, and noninvasive diagnostic tool for a rithm. (In the absence of institutional-reviewvariety of ocular, neurologic, and inflammatory board or data-sharing infrastructure, obtaining conditions. Unfortunately, reliable funduscopic the images from each site may have been an assessment is challenging for clinicians working undertaking of greater magnitude than the ma-The second aspect driving success in machine

lower accuracy² than neuro-ophthalmologists in learning has been the availability of labels that detecting optic-disk disorders, including papill- describe the data so that in a supervised learnedema. Could computer programs examining ing approach the algorithm may define those digital funduscopic images perform at the level characteristics of the raw data that best correof neuro-ophthalmologists in classifying disor- spond to the labels. In this investigation, experts ders of the optic disk? The authors of the study at each clinical site were required to accurately now published in the Journal³ were encouraged label whether the funduscopic images were abby previous studies for the detection of diabetic normal and whether the abnormalities were due retinopathy4 to undertake an international study to papilledema using both the image and conto answer this question. In doing so, they ad- textual clinical data. Not only does this entail opted a retrospective study design that will be- a substantial effort in expert labeling of thoucome increasingly familiar to readers of medical sands of images, but it also means that the journals because of the tsunami of machine- performance of these machine-learning algolearning investigations applied to medical data.5 rithms is limited to matching the performance The fuel that has powered the recent success of the best expert consensus.

two aspects of "big" data. The first is large data the algorithm that was tested on the external sets. Usually the largest and most representative data set performed well in distinguishing disks data sets perform the best, and in the current with papilledema from other disks (normal disks report, a training set of 14,341 funduscopic im- and disks with nonpapilledema abnormalities). ages that included the full circumference of the The sensitivity was 96% and the specificity 85%. optic nerve was obtained from persons of differ- As is usually the case, this performance was ent ethnic groups across 11 countries. The study inferior to that obtained on the internal-validarequired a large range of normal and abnormal tion data set, which shows the importance of funduscopic findings, including cases of papill- having breadth and representativeness in train-

sure generalizability and to avoid bias.⁶ In addition to the training and validation sets, the structive. How well the performance of the



11

M

BONSAI Deep Learning System



Can the BONSAI deep learning system perform as well [or better] than expert neuro-ophthalmologists?

Human vs Machine

rigger((type: shownosted) 'active'').removeClass("activ 'ia-expanded", !0),h?(b[0].offset ().find('[data-toggle="tab"]'). 'e'')||!!d.find(">.fade").lengtl ;var d=a.fn.tab;a.fn.tab=b,a.fr 'show")};a(document).on("click. Se strict";function b(b){return -typeof b&&e[b]()})var c=funct '',a.proxy(this.checkPosition,t null,this.pinnedOffset=null,th: State=function(a,b,c,d){var e=}



Fade"), b. parent(".dropdow find("> .active"), h=e&&).emulateTransitionEnd function(){return a.fn.t e).on("click.bs.tab.data l.data("bs.affix"), f="obs AULTS, d), this.\$target=a oxy(this.checkPositionWither)



Human vs Machine



a.fn.scrollspy=d,this},a(window).on(102),+function(a){"use strict";function b(b){return [b]()})}var c=function(b){this.element=a(b)};c.V n-menu)"),d=b.data("target");if(d||(d=b.attr "),f=a.Event("hide.bs.tab",{relatedTarget:b[0] aultPrevented()){var h=a(d);this.activate(b.close ser({type:"shown.bs.tab",relatedTarget:e[0]})} .active").removeClass("active").end().find('[d ia-expanded",!0),h?(b[0].offsetWidth,b.addClass(().find('[data-toggle="tab"]').attr("aria-expande e")//!!d.find("> .fade").length);g.length&&h?g.ou var d=a.fn.tab;a.fn.tab=b,a.fn.tab.Constructor=c w")};a(document).on("click.bs.tab.data-api",' strict";function b(b){return this.each(function) peof b&&e[b]()})}var c=function(b,d){this.opt; ,a.proxy(this.checkPosition,this)).on("click.bs ull,this.pinnedOffset=null,this.checkPosition() State=function(a,b,c,d){var e=this.\$target.scro. e+this.u



Agency for Science, Technology and Research

tom"},c.

arget.sc

voxy(this.cneckPosition,this)

buRAT =#[^ relat h.par nctio nia-e b.par > .ac ateTr



b.parent(.dropdou > .active"),h=e&& ateTransitionEnd on(){return a.fn.t 'click.bs.tab.data 'bs.affix"),f="ob d),this.\$target=a is.checkPositionWi ="affix affix-top set(),g=this.\$targ g<=a-d)&&"bottom" unction(){if(this return

Human vs Machine



New dataset of 800 standard digital fundus photographs

 Randomly selected from 3 neuro-ophthalmology centers (Copenhagen, Mayo Clinic Rochester, Seoul)
Randomly

presented

- 800 fundus photographs
 - 400 normal
 - 201 papilledema
 - 199 other disc abnormalities

- One eye only
- No demographic or clinical information
- Independent review





in a weating-disk)_disk_interview_doire=""" is_add(introductionstructure DoRATION-150,C-Prohearting() is interview_downed.com (0)(rehearting) is interview_downed.com (0)(rehearting) is interview_downed.com ("interview_downed".com ("interview_downed".com ("interview_downed".com ("interview".com ("inte

- 800 fundus photographs
 - 400 normal
 - 201 papilledema
 - 199 other disc abnormalities

- One eye only
- No demographic or clinical information

Independent review



new contrady_distal_address_interiments_exch(interLin)_iterrow_pupmlTOM-150,c-pPO /_exctus()(iterrow_points_iterrow_point

- 800 fundus photographs
 - 400 normal
 - 201 papilledema
 - 199 other disc abnormalities

- One eye only
- No demographic or clinical information

Independent review



- 800 fundus photographs
 - 400 normal
 - 201 papilledema
 - 199 other disc abnormalities

- One eye only
- No demographic or clinical information

Independent review



/ maximity_titls/identifs/identify_titls/identifs/identifs/identifs/identifs/identifs/identifs/identifs/id

Time to classify 800 photographs– Human vs Machine

Grader	Time
N-Opl 🔑	61 minutes
N-Op2 😔	74 minutes



Time to classify 800 photographs– Human vs Machine

Grader	Time
N-Opl 🔑	61 minutes
N-Op2 😔	74 minutes
Machine Machine	25 seconds



Correct Answers – Human vs Machine



Correct answers

■N-Op1 ■N-Op2 ■Machine

- Identification of:
 - Normal
 - Papilledema
 - Other optic disc abnormality
- Eye level
- No clinical information



Recognition of Normal Optic Discs– Human vs Machine



Identification of Papilledema – Human vs Machine



Conclusions – BONSAI - Human vs Machine



- Very fast (25 seconds vs >1 hour by humans)
- At least as good as two expert neuro-ophthalmologists (>25 y experience) without clinical information and at the eye level (therefore, still helpful even if only one eye photograph of good quality)



Biousse V, Newman NJ, Najjar RP, Vasseneix C, Xu X, Ting DS, Milea LB, Hwang JM, Kim DH, Yang HK, Hamann S, Chen JJ, Liu Y, Wong TY, Milea D; BONSAI (Brain and Optic Nerve Study with Artificial Intelligence) Study Group. Optic Disc Classification by Deep Learning versus Expert Neuro-Ophthalmologists. Ann Neurol. 2020; 88: 785-95

BONSAI DLS vs non neuro-ophthalmologists



BONSAI DLS for Optic Nerve Interpretation



Trained deep learning system with direct application as diagnostic aid:

- => likely better than ophthalmoscopy or self-interpretation of fundus photographs in ED settings and Neurology clinics
- Next step: test in real-life settings [non-ophthalmologists]



Five Important Rules in AI (Daniel Ting, MD PhD)

- **1-Right question:** papilledema or not?
- 2-Right data: fundus photographs from 25 international centers (large number, diverse data)
- 3-Right partners: expert neuro-ophthalmologists (international group) and AI team (Singapore)
- 4-Right concepts and methods: excellent clinical and digital operational flow
- 5-Right enabler: implementation, outcome, commercialization (pending @Singapore)

FDA NEWS RELEASE

FDA permits marketing of artificial intelligencebased device to detect certain diabetes-related eye problems

DIGITAL DIAGNOSTICS f Share 🕑 Tweet in Linkedin

For Immediate Release: April 11, 2018

The U.S. Food and Drug Administration today perm device to use artificial intelligence to detect greater t diabetic retinopathy in adults who have diabetes.

Diabetic retinopathy occurs when high levels of bloc vessels of the retina, the light-sensitive tissue in the the most common cause of vision loss among the mo with diabetes and the leading cause of vision impair age adults.

"Early detection of retinopathy is an important part people with diabetes, yet many patients with diabete diabetic retinopathy since about 50 percent of them basis," said Malvina Eydelman, M.D., director of the Nose and Throat Devices at the FDA's Center for De "Today's decision permits the marketing of a novel a can be used in a primary care doctor's office. The FI availability of safe and effective digital health device needed health care."

The IDx-DR system uses the Topcon NW400 robotic retinal camera (Topcon Medical Systems, Oakland, New Jersey)

About v



IDx-DR

Careers Products v International v Newsroom v Resources v Contact v (

IDx-DR is an AI diagnostic system that autonomously diagnoses patients for diabetic retinopathy and macular edema

With IDx-DR you get:



Immediate diagnostic results at the point of care

No need for specialist overread or telemedicine call backs

Simple user interface





BONSAI DLS for Optic Nerve Interpretation



Thank You!



